

# **Toolbox Safety Series**



## **Foot Protection**

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### **“FOOT PROTECTION”**

The average person takes approximately 18,000 steps daily and there’s the possibility of a foot injury with each step.

Construction jobs can be hazardous to your feet--nail punctures are common--walking on uneven ground, over materials and tools, or slipping on oil, grease, ice, snow, etc. can result in foot injuries, or sprained ankles -- foot fatigue can develop from prolonged standing on ladders, walking on re-bar, stone, etc.

Your job is no place for dress, casual, or tennis shoes -- your feet need the protection of a sturdy work shoe, maintained in good condition.

Concrete, cement powder, or any other chemical entering your shoe or boot can damage the tender skin of the ankle and foot very quickly. Other foot injuries result from chemicals that soak through the shoes causing skin irritation or serious injury.

Construction work is often performed under wet or damp conditions --overshoes can help keep your feet dry, warm and protected from chemical contact.

Be extremely cautious of your feet and toes when working around heavy equipment, material stockpiles, and while placing or moving heavy loads.

Most foot injuries are caused by objects falling or rolling onto the foot -- safety shoes can reduce the injury from these types of accidents and they are a must here at Williams Brothers Construction Company, Inc. for all workers. In recent years safety shoe construction has become stronger, lighter and more comfortable to wear than ever before.

**PROMPT FIRST AID FOR MINOR INJURIES CAN PREVENT MAJOR  
COMPLICATIONS.**

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## Foot Protection

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Location: \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Number of employees: \_\_\_\_\_

Number attending: \_\_\_\_\_

### Record of those attending:

| Name: (please print) | Signature: |
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### Other safety issues or suggestions made by employees:

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Manager's Remarks: \_\_\_\_\_

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Manager: \_\_\_\_\_  
(Signature)

Supervisor: \_\_\_\_\_  
(Signature)